

Compassion

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Today I would like to speak on the subject of compassion. When love takes the form of self sacrifice, the emotion of sympathy dons the robe of compassion. Love has two extremes in its manifestations. The love which is free and unattached is the love of agape, while the love bound by attachments is the love of eros.

Have you ever stopped to consider why the love of agape is that which gives, while the love of eros is that which takes away? What does it mean to give and what does it mean to take away? To give does not always imply that something substantial is being given. Giving also includes acts of waiting, watching, protecting and making up for places where another person is lacking. Once these things are done, the good aspects of others can be drawn out and these good aspects can be strengthened. The kind of love which is able to do this knows no bounds, and continues to act on and influence people in the appropriate manner in just the amount necessary. The person who gives such love to others also continues to grow while doing this. This is just the same as the law of the universe which continues to operate in a given direction without ever coming to a stop or falling apart.

Love which only takes from others issues from uncertainties about oneself. It is a result of seeking something reassuring in others since the person does not have a stable foundation in himself. The love of agape provides balance and harmony in human relationships where both the giver and receiver have a stable foundation. What exactly is this foundation? It is God. His love resides in hearts which seek the pure form of the truth from which all attachments and falsehoods have stripped away. And at the very least, one should have a heart which can believe in beautiful

relationships and good deeds without the overshadowing of selfishness. Also, one must have the will to act. Giving love to those without a stable foundation is like pouring water into a sieve.

Compassion comes from a heart with sympathy, and this should never be accompanied with a sense of gloom or dark tears. The attachment of being overly compassionate can make people act most foolishly. When the love which is only able to take from others comes from people without a strong foundation, their unconditional compassion comes from a timid and weak heart rather than issuing from emotions of true kindness. A timid heart without resolve also results from a person lacking a firm foundation. Being overly compassionate towards someone is just the other side of the coin from avariciously taking love from others. Both these types of behavior have a common origin.

Do you have a strong spiritual foundation, and are you able to trust in people completely?

(July 23, 1981, Dictated to Noriko Tsuchida through her clairaudience.)