

Worrying about the Eyes of Others

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There is one thing which people suddenly become concerned about sometime after they have begun to study the True Law. This is the question of "how do I appear to those in Heaven?" There must be many among you who become rather uncomfortable when pondering over this question. People must also have the same feelings when thinking about how they appear in the eyes of Miss Yuko Chino, not to mention the group leaders of meetings of the True Law. I think that for the majority of you the question of how you appear to others causes a great deal of concern.

Yet no matter how wonderful a person you become, or what efforts you make to have a kind heart and possess the right attitude, it is impossible to get anywhere if you are constantly worried about how you appear in the eyes of others. Many negative emotions such as jealousy, envy, resentment and hatred are bound to come up and there is no way you can rectify these in your mind just by thinking things such as "this is not good; I must stop this because the angels in Heaven are watching and it is unbecoming and makes me look bad."

The concern over how one appears can also be called the desire to look good in the eyes of others. It is not always a bad thing to want to look good, but sometimes this causes unnecessary anxiety, or jealousy over the superior abilities of a friend, and even a sense of shock and a feeling of dejection when meeting people who are far superior to oneself. This is nothing but another form of attachment.

Instead of telling yourself repeatedly that you must become a great person with a wonderful personality, it is better to start by refraining from doing bad deeds, and gladly taking care of

those daily tasks which confront you. Just the ability to say sophisticated things, or being able to remain unperturbed no matter what happens, does not necessarily mean that a person is great or good. The healthy and honest way of living is to be joyous on happy occasions, to shed tears when something sad happens, and to be able to meet the challenge when difficulties arise. This is the kind of person who is able to work for Heaven in decisive moments.

(March 25, 1982, Dictated to Noriko Tsuchida through her clairaudience.)