

Knowing Oneself

Raguel

A person can truly come to know himself only when he ceases to depend on others, and stops seeking answers from others. Do you understand why? Have you ever thought about why you rely on and seek things from those you have become close to? Aside from the period of childhood when it is natural to be dependent on one's parents, why do people continue to seek things from others after having grown up, as if others were their parents? Why is it that people open up their hearts just to become dependent on others?

The reason you open up your heart is because you think a person can be trusted. Trust comes when you find something in a person which puts your heart at ease. This sense of comfort comes from the pure light in a person's heart which does not lie or deceive. Nevertheless, to continue to depend and seek from people with such warm hearts, as mentioned before, is evidence that one has not yet made up one's mind to turn on the light in one's own heart.

There are two aspects to knowing yourself, and one is to accept yourself just as you are, and the other is to have faith in things outside of yourself. Faith means an unwavering trust. What then is the object of trust? This is to develop warm feelings towards the love in oneself and others. It means to transcend the superficial values and personal prejudices in all things, and to give priority to thoughts and actions which are guided by pure "reason." This is the eternal law which protects, nurtures and strengthens the good and truly valuable aspects in everything. Thereby, the good features initially seen in others are eventually developed within oneself, and from this effort, each person becomes independent and a relationship of trust and correct

judgement is created. To have faith in one another just means to have respect for the faith in each other's heart.

This is the source of the concept of true democracy and a person only gains the right to call oneself a follower of the True Law after starting to know oneself. The majority of you still do not know yourself. Instead of becoming impatient about this, just continue to observe yourself carefully.

(Aug. 10, 1981, Dictated to Noriko Tsuchida through her clairaudience.)